

The Board of Trustees is pleased to announce a new behavioral health program through MHN with enhanced benefits for members effective March 1, 2017.

Except for the new Member Assistance Program, there is no change in benefits; 90% coverage when a Network or PPO provider is used and 70% for non-Network or non-PPO providers. There is also no change in the annual deductible; \$250 when Network providers are used and \$500 for Non-network providers. The main difference is that the network of PPO providers will change from Anthem Blue Cross to MHN and the addition of a new Member Assistance Program.

#### ***New Member Assistance Program***

The new Member Assistance Program (MAP) provides confidential, professional short-term counseling services for you and your eligible family members. The MAP provides up to eight (8) counseling sessions for each incident/issue per year per eligible person. There are no co-payments, co-insurance or deductibles. If it is determined that further care is necessary and appropriate, coverage will be provided at 90% if a MHN Network provider is used or 70% if a provider is used that is not part of the MHN network. Following is a summary of some of the types of issues that can be handled as part of the MAP:

- Marriage, family and relationship issues
- Stress and anxiety
- Depression
- Grief and loss
- Anger Management
- Domestic Violence
- Alcohol and drug dependency
- Other emotional health issues

#### ***Who is MHN?***

MHN has over 30 years' experience in providing behavioral health, substance abuse, wellness and Member Assistance Programs. They maintain a nation-wide network of more than 62,000 licensed practitioners and 1,450 facilities. They provide a toll-free access line 24/7 to speak with a licensed clinician live.

#### ***What is behavioral health?***

Behavioral health care includes mental health care, both inpatient and outpatient counseling or therapy, substance abuse care and treatment and a new Member Assistance Program benefit.

### ***Choosing a provider***

Finding a MHN Network counselor, psychologist or psychiatrist is easy.

- Members can call MHN toll-free (800) 327-0577 anytime for help finding a provider.
- Or, you can use the provider search feature on MHN's member website ([www.members.mhn.com](http://www.members.mhn.com)) – just enter company code IUOE12 to access our benefits. Although members can still obtain care outside of the MHN Network, we recommend using a Network provider whenever possible. When using a Network provider:
  - The member's portion of the cost will be much lower.
  - The member knows the provider meets high standards of education, training and experience.
  - If the member has any problems with the provider, MHN can step in to help.
  - There are no claims to file.

Attached is a piece that details how calls to MHN will flow.

We will send out further information as we get closer to the March 1, 2017 effective date, but we wanted to give you advance notice of the changes and so you may plan your upcoming care accordingly.

Feel free to call the Fund's Member Services Department if you have any questions.