

## Make your health a priority



### Get your flu shot and other routine vaccines

#### Flu shots

The flu affects millions of people each year and can lead to serious illness, or even death. The flu can be a contagious illness caused by influenza viruses that infect the lungs, throat and nose. According to the Centers for Disease Control and Prevention (CDC), one of the best ways to prevent the flu is by getting vaccinated each year.<sup>1</sup> The CDC recommends a yearly flu vaccine for everyone 6 months of age and older, as the first and most important step in protecting against this serious disease.<sup>2</sup>

#### Routine vaccines

You can also keep yourself and your family members healthy with routine vaccines that prevent illnesses like tetanus, pneumonia and shingles. Routine vaccines are available on most plans, and can help you and your family maintain better overall health.

### Easy access to flu shots and other vaccines

OptumRx contracts with a variety of national pharmacy chains to provide members with easy access to flu shots and other routine vaccines. Plus, members get the highest level of benefit coverage (100% for many plans) for vaccines obtained from contracted pharmacies that participate in the Vaccine Immunization/Injection Network administered by OptumRx.<sup>3</sup>

Many vaccines can be obtained on a walk-in basis by presenting the OptumRx ID card at the time of service. Members should review their benefit plan to determine coverage for vaccines.



Many vaccines can be obtained on a walk in basis. Show your OptumRx ID card before getting your flu shot or vaccine. Most OptumRx plans cover routine vaccines at 100% when you use network pharmacies.

See the pharmacy list on page 2.

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For more information log in to **optumrx.com** or call the number on your OptumRx ID card.

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## Retail Pharmacies

This list represents the larger retail chain pharmacies in our network, but is not the full list. For a more complete list, you can log in to **optumrx.com** or call the number on your health plan or prescription ID card. Pharmacists administer the vaccines at these locations.

- **Ahold USA** (Giant Food Stores, Giant of Maryland, Stop and Shop Supermarkets, Ukrop's Super Markets)
- **Albertsons**
- **CVS Pharmacy**
- **Four B Corporation** (Hen House, Price Chopper)
- **H-E-B Pharmacy**
- **Hy-Vee Pharmacy**
- **Kmart Pharmacy**
- **The Kroger Co.** (Dillons, King Soopers, Fry's, Fred Meyer, Ralphs, QFC, Harris Teeter Roundy's, Pick N' Save, Copps Food Center, Metro Market, Baker's Pharmacy, City Market, Mariano's, Pay Less, Owens, Jay C Food Stores, Gerbes Pharmacy)
- **K-VA-T Food Stores, Inc.** (Food City)
- **Meijer Pharmacies**
- **Publix**
- **Safeway Affiliated Pharmacies** (Carrs, Pavilion's, Randalls, Safeway, Tom Thumb, Vons)
- **SUPERVALU Affiliated Pharmacies** (BIGGS, Osco, Sav-On, Shaw's Supermarket)
- **Thrifty White Pharmacy**
- **Tops Markets**
- **Walgreens Pharmacy** (Duane Reade, Rite Aid, featuring a Walgreens pharmacy)
- **Wegmans**

1 Sources: <http://www.cdc.gov/flu/>

2 [www.cdc.gov/flu/protect/keyfacts.htm#flu-vaccination](http://www.cdc.gov/flu/protect/keyfacts.htm#flu-vaccination)

3 There may be some instances where a particular location for one of the vaccine providers is not participating in the national OptumRx Vaccine Immunization/Injection Network.

4 Not all vaccines on this list are available at all participating pharmacies. Members should contact their participating pharmacy of choice to confirm vaccine availability.

## Routine vaccines<sup>4</sup>

Most of the following routine vaccines are available at pharmacies that participate in the Vaccine Immunization/Injection Network administered by OptumRx.

Age restrictions or limitations may apply. Check with your network pharmacy for specific age, flu shot and vaccine requirements.

Flu Shots
<b>Flu (Influenza)*</b> Afluria, Afluria Quad, Fluad, Fluarix Quad, Flublok, Flublok Quad, Flucelvax Quad, Flulaval Quad, FluMist Quad, Fluvirin, Fluzone HD, Fluzone ID Quad, Fluzone Quad, Fluzone Quad (pediatric dose)
Routine Adult Vaccines
<b>Hepatitis A* (Adult and Pediatric)</b> Havrix, Vaqta
<b>Hepatitis B* (Adult and Pediatric)</b> Engerix-B, Heplisav-B (adult only), Recombivax-HB
<b>Human Papilloma Virus (HPV)*</b> — Vaccine prevents HPV related cancers Gardasil 9
<b>Measles, Mumps, Rubella*</b> MMR-II
<b>Meningococcal*</b> — Vaccine prevents meningitis Groups A, C, Y and W-135 Menactra, Menveo
<b>Meningococcal*</b> — Vaccine prevents meningitis Group B Bexsero, Trumenba
<b>Pneumococcal*</b> — Vaccine prevents pneumonia Pneumovax 23, Prevnar13
<b>Tdap*</b> — Vaccine prevents tetanus, diphtheria, pertussis Adacel, Boostrix
<b>Tetanus Diphtheria*</b> — TD Tenivac
<b>Varicella*</b> — Vaccine prevents chicken pox Varivax
<b>Zoster*</b> — Vaccine prevents shingles Shingrix, Zostavax

\*Vaccine type

Ask your employer or check your plan documents for your plan's specific coverage details.

Not all vaccines on this list are available at all network pharmacies. Contact your local network pharmacy to confirm vaccine availability.



OptumRx is a pharmacy care services company helping clients and more than 65 million members achieve better health outcomes and lower overall costs through innovative prescription drug benefit services. Learn more at [optum.com/optumrx](http://optum.com/optumrx).

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