

OPERATING ENGINEERS TRUST FUNDS

I.U.O.E. LOCAL 12 HEALTH & WELFARE / PENSION / VACATION / TRAINING

100 CORSON STREET, SUITE 100 • PASADENA, CALIFORNIA 91103 • (866) 400-5200

P.O. BOX 7063, PASADENA, CALIFORNIA 91109

TTY: (626) 356-3582 WEBSITE: www.oefi.org

6/12/2018



Name
Address 1
Address 2
City St Zip Code

Dear Member,

The Board of Trustees of the Operating Engineers Local 12 Health & Welfare Fund is pleased to announce a new enhancement to your benefits for Diabetes treatment. This program is available to all eligible members, retirees and their dependents enrolled in the Fund's Anthem PPO Plan.

The CerCare Heath Diabetes Wellness Program is a completely voluntary program where most of your diabetic testing supplies will be 100% covered in return for using a monitored blood glucose meter. By having glucose readings monitored 24/7; diabetes care becomes proactive rather than reactive, avoiding more serious complications and avoidable doctor or hospital care. The testing results are sent in real time to you, your physician and others you designate. Studies show this program will improve self-management, saves time and delivers better results such as lower A1C scores. **Supplies listed below are covered at 100% with no deductible, co-pay or co-insurance.**

- Cellular Enabled Blood Glucose Meter (one every two years);
- Diabetic test strips (90 day supply per shipment);
- Lancing device (once a year);
- Lancets (90 day supply per shipment);
- Control Solution (one bottle every 6 months); and
- Alcohol swabs (90 day supply per shipment).

Insulin will continue to be obtained through the Fund's CVS Caremark prescription drug program with the regular co-pays.

CerCare Health is a leading national home delivery provider and will provide you with the highest quality products and support to help you live well with diabetes at **NO COST** to you.

Summary of program benefits:

- A new, easy-to-use cellular or Bluetooth enabled glucose meter
- Diabetes supplies: test strips, lancing device, lancets, etc.
- Alerts, assistance and support
- Live, ongoing personalized health coaching from Certified Diabetes Educators
- Online portal and smartphone application where you can access and share your results
- 24/7/365 toll-free access to live nursing support
- Automatic re-supply refills

Again, enrollment in this program is completely voluntary. Supplies and a glucose meter will be shipped to you, free of charge.

In order to take advantage of this free program, simply call CerCare at (888) 675-4524.

Sincerely;

The Fund Office



CerCare Health Diabetes Wellness Program



The Program Includes

- **State-of-the-Art Glucometer**
- **Testing Supplies:** Test Strips, Control Solution, Lancets, Alcohol Swabs and a Lancing Device

24/7/365 Assistance & Support

- **On-line Logbook:** Your new meter will automatically send your results to your logbook wirelessly.
- **Sharing & Alerts:** You can share your results with loved ones, family members or healthcare professionals via text email or online access – all at your discretion.
- **Support when You Need It:** Whether early in the morning or late at night wellness coordinators are ready to assist and help you achieve your wellness goals.

Enrollment in the CerCare Health Diabetes Wellness Program is Voluntary.

CerCare will ship each participant a box containing all of the necessary supplies for members to begin testing – all free of charge. **NO OUT-OF-POCKET COST!** Those members who chose not to participate in the CerCare Health Diabetes Wellness Program will continue to obtain diabetic supplies through the CVS prescription drug plan with the appropriate co-pays.

Did you know . . .

AMPUTATION

Diabetes is the leading cause of non-traumatic lower limb amputations

KIDNEY DISEASE

Diabetes is the leading cause of kidney failure

HEART ATTACK

Diabetics are three times as likely to have a heart attack

STROKE

Diabetics are four times as likely to have a stroke

BLINDNESS

Diabetes is a leading cause of blindness

The effects of diabetes can be controlled. Regular testing and proper management leads to:

- 76% reduction in **eye disease**
- 60% reduction in **nerve disease**
- 57% reduction in nonfatal **heart attack, stroke, or death** from cardiovascular causes
- 50% reduction in **kidney disease**